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Benoit Laborie, Florence Rouyer, Dan Angelescu, Elise Lorenceau. Bubble Formation in Yield Stress Fluids Using Flow-Focusing and T-Junction Devices. *Physical Review Letters*, 2015, 114 (20), pp.204501. 10.1103/PhysRevLett.114.204501 . hal-01158022

**HAL Id: hal-01158022**

**<https://enpc.hal.science/hal-01158022>**

Submitted on 19 Jun 2015

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## Bubble Formation in Yield Stress Fluids Using Flow-Focusing and $T$ -Junction Devices

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(Received 21 November 2014; revised manuscript received 10 February 2015; published 22 May 2015)

We study the production of bubbles inside yield stress fluids (YSFs) in axisymmetric  $T$ -junction and flow-focusing devices. Taking advantage of yield stress over capillary stress, we exhibit a robust break-up mechanism reminiscent of the geometrical operating regime in 2D flow-focusing devices for Newtonian fluids. We report that when the gas is pressure driven, the dynamics is unsteady due to hydrodynamic feedback and YSF deposition on the walls of the channels. However, the present study also identifies pathways for potential steady-state production of bubbly YSFs at large scale.

DOI: 10.1103/PhysRevLett.114.204501

PACS numbers: 47.61.Fg, 47.55.db, 83.60.La

A remarkable achievement of microfluidics consists in manufacturing complex fluids at reasonable throughput with a highly accurate control. The formation of mono-disperse emulsions and foams in microfluidic systems has recently undergone rapid development [1–3]. Different geometries such as  $T$ -junction [4–8], flow focusing [9–17], or step emulsification [18–21] have been developed to control the size and the throughput of the droplets. Microfluidics devices with more complex geometries also enable the manufacturing of multiple hierarchical structured fluids to encapsulate pharmaceuticals for targeted drug delivery [22–25].

In all such free-surface processes, the fragmentation of the dispersed phase in the continuous one is *in fine* obtained through the capillary breakup of a thin liquid thread of the dispersed fluid. As the diameter of this thread diminishes due to shearing flow of the continuous phase in the confined geometry, Laplace pressure becomes the dominant driving force governing both the dynamics and the breakup of the thread [26–28]. Capillary effects are thus crucial ingredients for microbubble and droplet production in microfluidics [1–14, 18–21].

Only a few reports in the literature exist of dispersions obtained in microfluidic system using non-Newtonian fluids [29–34]. Among those, yield stress fluids (YSFs), commonly encountered in mundane and diverse articles such as cosmetic creams, toothpaste, or chocolate as well as in industrial fluids such as drilling muds, have received relatively little consideration [35]. Nevertheless, dispersing a gas or a liquid in a YSF can have important industrial applications: aerated pasty materials, for example, exhibit attractive properties such as low thermal conductivity, reduced density and nontrivial rheology and texture, and are widely used in various fields such as construction, food, or pharmaceutical industries [36,37]. Such materials are usually obtained by

batch processing: a YSF and a separately produced foam are mixed by mechanical means. Such methods provide little control over the stress state of the system, leading to bubbles, breakup, or coalescence, and making high gas volume fractions difficult to obtain [36–38], with direct impact on the quality of the resulting material.

The flow of YSFs is characterized by an intermediate fluid or solid behavior: they exhibit an elastic response below, and liquid flow response above a critical yield stress  $\sigma_y$ . The existence of  $\sigma_y$  can induce an intrinsic impediment for capillary breakup: if the mean curvature of the interface is not sufficiently large, yield stress may not be overcome by the relatively low capillary stress, thus hindering capillary breakup. Such antagonistic behavior between yield and capillary stresses has recently been observed in various situations [39–41]. Similarly, the production of YSF drops in air relies on gravity stress, which has to overcome the yield stress for capillary breakup to occur [42,43]. In microfluidic geometries, where the lateral dimensions of channels are far smaller than the capillary length, gravity stress is ineffective; therefore, the formation of droplets or bubbles within YSFs can only be achieved below a critical dimension  $r$  of the liquid thread, where  $\sigma_y \ll \gamma/r$  ( $\gamma$  being the surface tension). For typical values  $\gamma \approx 20$  mN/m,  $\sigma_y \approx 100$  Pa, this leads to  $r \ll 200$   $\mu\text{m}$ , a value that suggests a requirement for small-scale microfluidic geometries, at the cost of large shear dissipation.

In this Letter we show that bubble production is nevertheless possible in larger millimeter-scale geometries and at relatively low shear, using the dual solid or liquid character of the velocity profile of YSFs in a small pipe to reach the critical dimensions discussed above without requiring extreme miniaturization. Because of the variation of the shear stress with the distance from the center of the pipe, the velocity profile of a YSF is separated into two regions, a

liquid annulus corresponding to the area experiencing stress above  $\sigma_y$ , and a solid plug at the center of the channel where the shear stress is below  $\sigma_y$  [44]. To produce bubbles in YSFs at relatively low shear, we make use of this solid core to geometrically confine the gas thread without requiring solid walls, down to the critical dimension where capillary stress overcomes  $\sigma_y$ , thus triggering its capillary breakup. In this framework, we investigate means to adapt classical microfluidic geometries ( $T$ -junction and flow focusing) to the production of aerated YSFs in millimeter-scale devices requiring relatively low shear stresses and energy dissipation. We provide measurements of bubble formation frequency and propose scaling arguments for this operating regime.

Two different yield-stress fluids are used as model materials: (i) oil-in-water emulsions constituted of 20 cP silicon oil droplets of 5  $\mu\text{m}$  mean diameter with a volume fraction of 90% (resp. 93%) and a continuous phase of water/glycerol (50%/50% wt/wt) mixture with 3% (resp. 5%) wt/wt of tetradecyltrimethylammonium bromide (from Sigma-Aldrich) to stabilize the interfaces and (ii) a 980 Carbopol gel in water at a concentration of 1.1% (from Cooper). The rheological tests, carried out with a Bohlin C-VOR rheometer with rough parallel plates, show that these materials behave as simple YSFs. In shear flow, they follow a classical Herschel-Bulkley law linking the shear stress  $\sigma$  to the shear rate  $\dot{\gamma}$ :  $\sigma = \sigma_y + K\dot{\gamma}^n$ , with  $\sigma_y$  between 100 Pa and 300 Pa for the emulsion and 75 Pa for the Carbopol gel,  $K$  the consistency index ranging between 67 Pa  $\cdot$  s $^n$  and 124 Pa  $\cdot$  s $^n$  and  $n$  the power law index equal to 0.5 for emulsions and 0.35 for Carbopol.

The three-dimensional devices are manufactured from transparent resin using stereolithography. Two geometries, reminiscent of classical microfluidics geometries but with millimetric dimensions are used: (i) a reverse  $T$ -junction [Fig. 1(a)], where the dispersed phase is injected through the inlet aligned with the exit channel and the continuous phase through the inlet transverse to it, and (ii) a flow-focusing geometry, but without the typical narrow restriction at the dispersed-phase inlet [Fig. 1(b)]. In both geometries, the channels are cylindrical with radii  $R$  of 0.5 mm, 1 mm, or 2 mm and an exit channel with a length  $L$  of 5 cm or 10 cm.

The YSF flow rate  $Q$  is imposed between 0.01 ml/min to 1.5 ml/min, while the gas pressure  $P$  is controlled using a Fluigent controller (MFCS-EZ, 0-2 bar). Bubble formation is recorded using an AVT Marlin camera, at a frame rate of 100 fps. To generate the bubbles, first we completely fill the exit channel with the YSF at a constant flow rate  $Q$ , then we gradually increase gas pressure  $P$  until it overcomes the critical value required to generate the first bubble. We then let the system evolve and observe the regular formation of multiple bubbles of increasing length  $\ell$  as can be seen in Fig. 1. We point out that we were unable to produce bubbles in YSFs using classical  $T$ -junction geometries (where the gas is injected through the side channel). This is presumably due to the fact that the solid YSF core confines the bubble to the liquid annulus, rendering it unstable.

To quantify the break-up dynamics, we investigate the formation of a single bubble in the reverse  $T$ -junction geometry. Similar observations can be done in the flow-focusing geometry. Three different phases, of respective durations  $t_\alpha, t_\beta, t_\gamma$ , can be identified [Fig. 2(a)] and Supplementary Materials [45]. For  $t < t_\alpha$ , the gas meniscus advances asymmetrically in the junction, slower near the YSF inlet and faster near the bottom wall until it reaches a maximum height; then for  $t_\alpha < t < t_\alpha + t_\beta$ , the meniscus height at the center of the junction decreases at nearly constant speed because of the transverse solid plug flow of the YSF: a flat region highlighted in red, reminiscent of the velocity profile of the YSF in the cylindrical channel, is clearly visible. At  $t \approx t_\alpha + t_\beta$ , the solid core has reached the bottom wall and for  $t_\alpha + t_\beta < t < t_\alpha + t_\beta + t_\gamma$ , the gas thread meniscus moves backward. This suggests that the thin gas thread filament has fully ruptured as confirmed by the absence of satellite bubbles in the exit channel. It exits the junction area, which is eventually fully filled by YSF, whereas the bubble is pushed forward in the exit channel. The bubble formation period is then equal to  $t_b = t_\alpha + t_\beta + t_\gamma$ .

The evolution of  $t_\alpha, t_\beta$  and  $t_\gamma$  is visualized using a spatiotemporal diagram as shown in Fig. 2(b). Such a diagram, obtained from a movie of the bubbles' formation at given  $P$  and  $Q$ , displays the temporal evolution of the

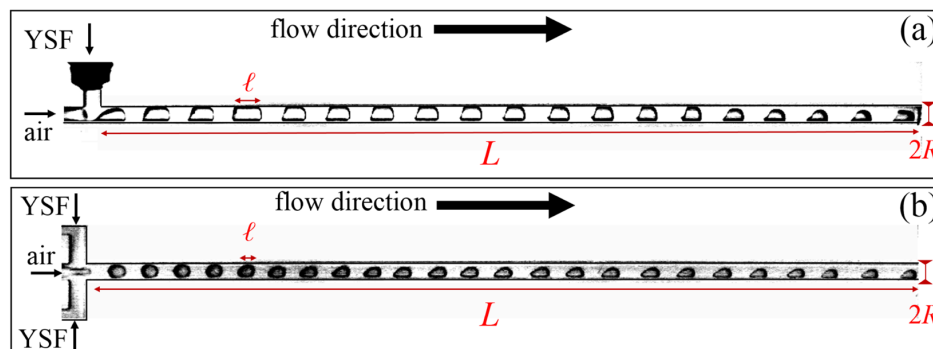


FIG. 1 (color online). Top view of different devices: (a)  $T$ -junction, (b) flow focusing;  $L$  is the exit channel length,  $R$  the radius of all channels (inlet and exit). Pictures taken with  $R = 1$  mm,  $L = 10$  cm.

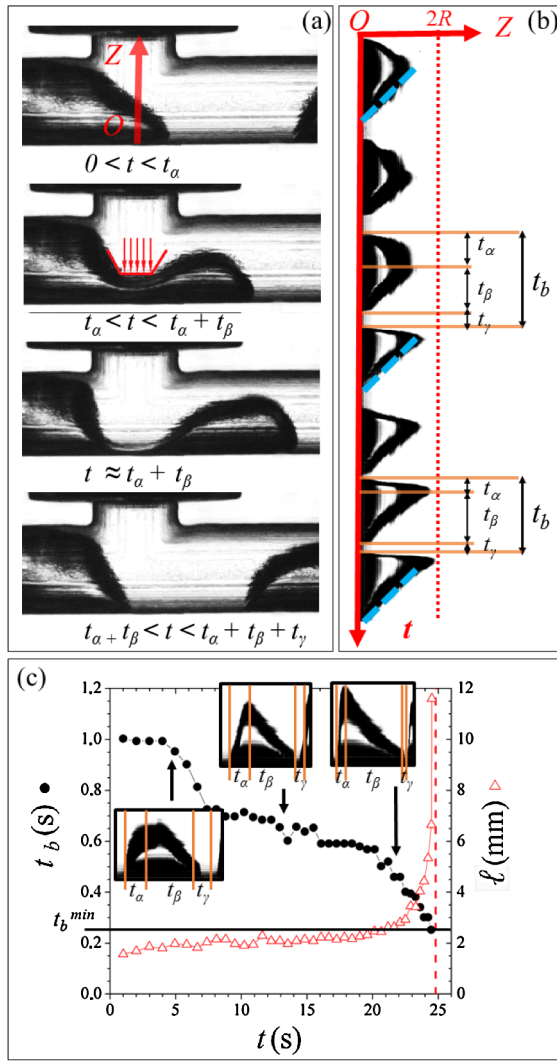


FIG. 2 (color online). (a) Different stages of the break-up mechanism inside the  $T$ -junction, for a movie see Supplementary Materials [45]. (b) Spatiotemporal diagram of the break-up dynamic for a bubble train. The horizontal axis represents the ( $OZ$ ) axis of the top picture in frame (a) and the vertical axis the time. The dashed blue lines illustrate the nearly constant speed regime of the YSF plug during the formation of different bubbles. (c) Typical evolution of the time to form one bubble  $t_b$  (left vertical axis) and bubble length  $\ell$  (right vertical axis) as a function of the time, with corresponding pictures of the spatiotemporal diagram. The dashed line stands for the divergence of bubble time formation when the system is completely filled with gas. The horizontal line highlights  $t_b^{\min}$ , the minimum time to form one bubble. In (a), (b), and (c)  $R = 1$  mm,  $L = 10$  cm,  $Q = 1.25$  ml/min,  $P = 0.62$  bar, emulsion with  $\sigma_y = 100$  Pa.

gray scale intensity of the images along a line  $OZ$ . This line  $OZ$  is taken perpendicular to the exit channel and positioned at the middle of the junction as highlighted by the thick red arrow on the first frame of Fig. 2(a). The formation of seven bubbles in the  $T$ -junction can be seen in Fig. 2(b). The black and white regions of the patterns, respectively, correspond to air and YSF fluid and the upper limit of each pattern to the temporal evolution of the

air-YSF interface along the line  $OZ$  during bubble formation. Figure 2(b) reveals different features: (i) the position of the interface along the line  $OZ$  increases with time until it reaches almost  $2R$ , the diameter of the tube; (ii)  $t_\alpha$  and  $t_\gamma$  progressively decrease with time. This suggests that, at late times, the bubble formation period is dominated by the time required for the solid core to move across the junction ( $t_b \rightarrow t_\beta$ ).

This nonstationary regime can be accounted for by two separate phenomena. On one hand, the reduced hydrodynamic resistance of the exit channel as it fills with bubbles creates hydrodynamic feedback [46,47]: the gas flow-rate  $Q_g$  increases rapidly due to the non-Newtonian character of the continuous phase and consequently  $t_\alpha$  and  $t_\gamma$  both associated with the gas flow within the junction, decrease until  $t_b$  reaches a minimum value  $t_b^{\min}$  [circles and horizontal line in Fig. 2(c)]. This decrease of  $t_b$  should suggest the production of smaller bubbles; however, it is not sufficient to counterbalance the catastrophic increase of  $Q_g$  due to the flow resistance drop with the bubble production of the exit channel. These two antagonistic effects do not compensate each other and the length  $\ell$  of the successive bubbles increases [triangles in Fig. 2(c) and Fig. 1].

On the other hand, the plugs leave YSF films in their wakes that remain at rest on the channel wall [40] (this is not specific to YSF but also appears in Newtonian fluids [48]). Thus, as the whole two-phase flow accelerates due to the exit channel flow resistance drop, the thickness of the YSF films deposited on the channel wall increases. This leads to an increase of the bubble length due to volume conservation and to a gradual decrease of the volume of the YSF plugs separating two bubbles until they rupture when reaching a critical dimension [47]. At this point, a giant bubble that completely fills the exit channel forms, the bubble production stops and  $t_b \rightarrow \infty$  [vertical dashed line on Fig. 2(c)]. This instability of the plug rupture is not characteristic of YSFs. It has also been observed for Newtonian fluids [47] and is characteristic of every system exhibiting: (i) high viscosity contrast between the dispersed and continuous phases, (ii) pressure control of the dispersed phase.

We now quantify  $t_b^{\min}$ , the lower bound of  $t_b$ . As already observed in Fig. 2(c), at given  $P$  and  $Q$ ,  $t_b$  is not constant: it takes longer to produce the first bubble than the last one. Yet, as can be seen in Fig. 3, where  $t_b$  is reported as a function of  $Q$  in log-log scale,  $t_b^{\min}$  is proportional to  $1/Q$ . Let  $\omega$  be the slope of the straight dashed line in Fig. 3 so that  $t_b^{\min} = \omega/Q$ . Remarkably, for the  $T$ -junction with  $R = 1$  mm [Fig. 3(a)],  $\omega$  is equal to the actual volume of the  $T$ -junction within less than 10%. This volume, called  $\Omega$ , corresponds to the intersection of the two cylindrical channels of radii  $R$ , therefore  $\Omega = \frac{8}{3}R^3 + \pi R^3$ . For the flow-focusing geometry with  $R = 1$  mm [Fig. 3(b)],  $\Omega = 16R^3/3$ , and we find experimentally that  $\omega = 0.6\Omega$ .

This good correlation between  $\omega$  and  $\Omega$  can be explained through the decrease of the exit channel flow resistance

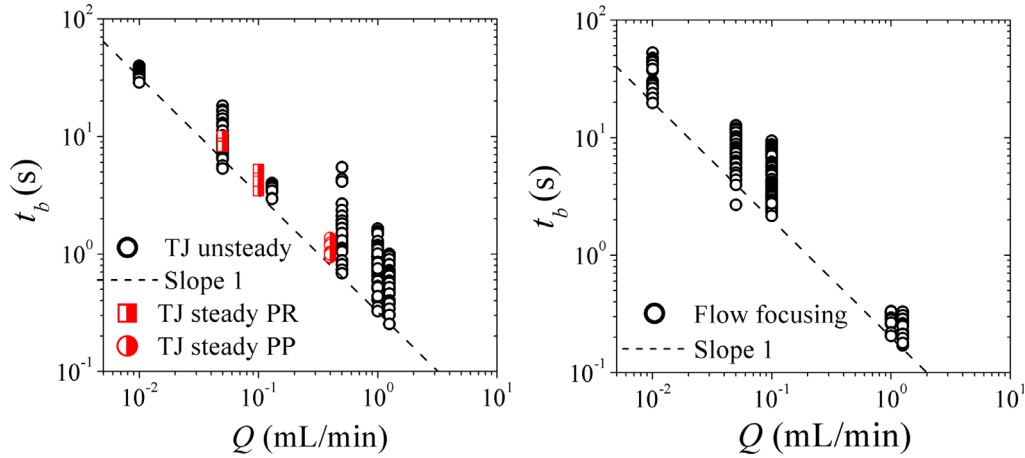


FIG. 3 (color online).  $t_b$  as a function of the YSF flow rate in  $T$ -junction (left) and flow-focusing geometry (right), for Carbopol ( $\sigma_y = 75$  Pa) both with channels' radii of 1 mm and exit channel length of 10 cm. The red symbols correspond to steady regimes either obtained from pressure regulation (PR) or peristaltic pump (PP).

during an experiment. As we have previously noted, as  $Q_g$  progressively increases,  $t_b$  decreases approaching  $t_b = \Omega/Q$ , the time required for the YSF to fill the volume  $\Omega$  of the junction. This defines the maximum achievable bubble production throughput for a given device geometry and YSF flow rate.

The correlation between  $t_b^{\min}$  and  $\Omega/Q$  has been tested over a wide range of parameters in Fig. 4: two YSF fluids with four different  $\sigma_y$ , up to fifteen flow rates  $Q$ , and both the flow-focusing and  $T$ -junction with various channel dimensions. Moreover, data points concerning different stationary regimes of bubble production can be seen in Figs. 3 and 4. These steady regimes have been obtained either by supplying the gas using a peristaltic pump or by decreasing the gas pressure by a few mBar, during the transient filling of the exit channel with bubbles. In both cases, the catastrophic increase of  $Q_g$  is counteracted, thus leading to a steady production regime. Excellent agreement is observed over more than four decades, suggesting that the explanation of the limit bubble production throughput in YSFs using axisymmetric millifluidic devices, where the dynamics of breakup is controlled by the junction volume and YSF flow rate, is very robust regardless of the YSF flow complexity.

This break-up regime is reminiscent of the quasistatic collapse of immiscible threads in two dimensions, in which case the rate of droplet production is driven by the rate of supply of the continuous phase in the confined geometry [12]. Indeed, in two dimensions the squeezed capillary thread is stable over the Rayleigh-Plateau instability, the slow thinning rate being therefore flow-rate controlled until reaching a diameter of order of the channel height, where the capillary thread recovers an axisymmetric 3D geometry and becomes unstable. The final 3D pinch-off, controlled by liquid and gas inertia [13,14,16,49] is extremely rapid. The separation of time scales between the slow flow rate controlled thread thinning and the fast final collapse leads to a uniform time for bubble production in the device [12].

By comparison, in our three-dimensional geometry the gas thread is not confined; instead, it is the large value of  $\sigma_y$  that inhibits the capillary breakup. Here also, the slow thinning rate of the thread is geometrically mediated and well controlled by the slow core flow, which therefore controls the time scale of the breakup, making our system insensitive to the complex interface dynamics of the air thread in the non-Newtonian fluid [31,32].

We have also focused on identifying different pathways to reach steady-state production of aerated YSFs within millifluidic devices. We have determined that such

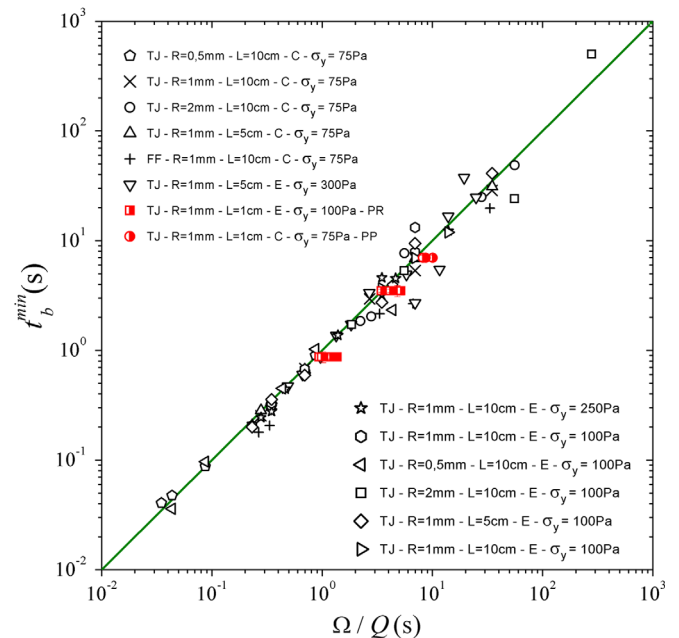


FIG. 4 (color online).  $t_b^{\min}$  as a function of  $\Omega/Q$  for  $T$ -junction (TJ) and the flow-focusing (FF) geometries. The different symbols are detailed in the inset; (E) stands for emulsion, (C) for Carbopol. The red symbols correspond to different steady state bubble production. TJ, FF, PR, and PP, respectively, stand for  $T$ -junction, flow focusing, pressure regulation, and peristaltic pump.

stationary production is possible by adjusting the gas pressure in real time during the short temporary regime until the bubbling period becomes perfectly stable, thus opening a route for large-scale production of aerated YSF materials. These findings, which have allowed us to provide a useful physical description similar to Newtonian fluids [17], also lead to interesting perspectives such as understanding the whole flow field during the fragmentation process using dedicated numerical simulations of YSFs or producing a detailed description of the break-up mechanism.

We thank M. Maillard, L. Ducloué, and J. Goyon, for experimental advice and discussions and D. Hautemayou and C. Mézière for technical help. We acknowledge O. Pitois for fruitful discussions. This work has benefited from two French government grants managed by ANR within the frames of the national program Investments for the Future (ANR-11-LABX-022-01) and of the young researcher program (ANR-11-JS09-012-WOLF).

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- [45] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevLett.114.204501> for formation of gas bubbles in a Yield-Stress Fluid (YSF) using a T-Junction device. The diameter of the channels is 2 mm, the YSF is an oil-in-water emulsion with a yield stress of 250 Pa. The gas is pressure-driven at 511 mBar and the YSF is flow rate driven at 0.1 mL/min. The movie, recorded at 50 fps, is displayed in real time.
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